



Catholic Physicians Guild of Dallas

January 2015 Newsletter

Next Meeting - Dr. Fred Cerise,
Parkland Health and Hospital System Chief Executive Officer



Dr. Fred Cerise will be speaking this February 5th at 6:00 PM at the Cathedral Shrine of the Virgin of Guadalupe (**not St. Monica's as previously planned**). He will be speaking on the challenges of providing high-quality healthcare to the indigent of Dallas.

Dr. Fred Cerise is the current Chief Executive Officer of Parkland Health and Hospital System. He holds a Bachelor of Science degree from University of Notre Dame and earned his Medical Degree at Louisiana State University in New Orleans. He completed a residency in Internal Medicine at the University of Alabama in Birmingham and later earned a Master of Public Health degree from Harvard University School of Public Health. He is a member of the Kaiser Commission on Medicaid and the Uninsured.

The Cathedral is located at 2215 Ross Avenue Dallas, Tx 75201. The event will take place in the Grand Salon across from the main sanctuary. Upon entering the

Cathedral's parking (via Ross or Pearl streets), please mention you are attending our meeting for discounted parking.

Please RSVP to this event by replying to this email. All are invited - we ask for \$5 to cover the costs of food.

NaPro Technology: A New Approach to Women's Health



This past January 8th, Dr. Charlie Cassidy discussed Napro Technology. In short, Napro technology leverages knowledge of a woman's cycle to predict fertility, but also through understanding each woman's particular cycle, it can be used to diagnose and treat conditions not normally evaluated in traditional gynecologic practice. For example, with infertile couples, most undergo a baseline set of evaluations and then are referred for In Vitro Fertilization to achieve pregnancy. But in NaPro Technology, the female undergoes more profound hormone profiling to help diagnose further underlying causes of infertility and thereby treat conditions that might impede pregnancy. Studies done with NaPro technology actually have proven it to be more successful than IVF. NaPro technology also is better equipped to more fully evaluate underlying gynecologic disease (prolactinoma, PCOS, endometriosis, etc.) rather than "mask" symptoms through oral contraception. For further information, see the [NaPro Technology](#) website or [Fertilitycare.org](#).

Educational Conference is postponed

Our planned CME conference for this February 14th (Enhancing Patient Centered Reproductive Health Care) has been postponed due to a sudden unavailability of one of our speakers. The conference will still be held later this year, and we will provide further details as soon as they are available.

Helping Hands Medical Missions is in need of Doctors



Helping Hands Medical Missions is in need of doctors for medical missions. They are going to Escuintla, Guatemala from February 27 - March 7 and Ateos, El Salvador from March 13-21. Costs are around \$600 for ground transportation, food, and lodging. Missionaries are responsible for their airfare. There will be a presentation of their missions at our next meeting in January for those who are interested. One can also find more information on the [Helping Hands Medical Missions website](#) or you can email us at physiciansguild@dallascatholic.org for contact information.

"What must characterize the pro-life movement is a special love for the poor, the marginalized, the suffering, and especially human life that is in danger of being discarded," Cardinal O'Malley at the Opening Mass of the National Prayer Vigil for Life.