



## Catholic Physicians Guild of Dallas

### September 2014 Newsletter

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ANNUAL WHITE MASS FOR HEALTHCARE PROFESSIONALS

OCTOBER 19

9 AM Mass at The Cathedral Shrine of the Virgin of Guadalupe



The Catholic Physicians Guild of Dallas  
invites you to the



ANNUAL WHITE MASS FOR  
HEALTHCARE PROFESSIONALS

Cathedral Shrine of the Virgin of Guadalupe  
Oct 19th at the 9 am Mass

Celebrant Auxiliary Bishop Douglas Deshotel  
Reception to follow at the Grand Salon (Plaza side)  
Exhortation by Rev. Jonathan Austin

All involved in healthcare (doctors, nurses, social workers, therapists, business staff, custodial engineering, students, etc.) and their families are invited to the Annual White Mass for Healthcare Professionals. It is a "White" Mass based on the traditional white lab coats that healthcare professionals customarily wear. The purpose of the Mass is to gather in fellowship for all those involved in physical healing and additionally to receive guidance from the Church specific to our vocations. Each year our Bishops use the Mass (with the directive from Bishop Farrell) to lend spiritual direction to healthcare professionals. This year, Bishop Deshotel will be celebrating the Mass.

After the Mass there will be a reception at the Cathedral. Father Jonathan Austin will also give a talk at the reception tailored for us. At the reception, breakfast will be served (a choice of traditional American or Mexican cuisine). There is no required "entrance" fee but a \$10 donation per plate would be appreciated. The Mass is the highlight of our year and we look forward to seeing you!

Please RSVP by responding to this email or by emailing [physiciansguild@dallascatholic.org](mailto:physiciansguild@dallascatholic.org). Please let us know how many are attending and whether you prefer American or Mexican dishes.

Pictures of last year's Mass can be found on our [Facebook page](#).

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## Last meeting: Teen Star



This month Dr. Elizabeth Heyne spoke to us about Teen Star, an educational curriculum for teens and adults teaching sexual responsibility. Based on the teachings of the Church (such as Theology of the Body), Teen Star educates persons on their biological/hormonal/emotional behavior and tendencies (girls learn how to track their cycles and interpret their emotions), the meaning of their spiritual and bodily communion with others, and their appropriate cultural response to maintain sexual/spiritual integrity. Dr. Heyne presented the metrics on the success of the Teen Star program, which was very impressive. Click [here](#) for one of their studies.

**Dr Heyne recently attended the International Teen Star program in Germany (see the synopsis of the meeting [here](#)), and shared the current themes of the international program. Currently Teen Star is taking place in over 30 countries. Chile is leading the way with over 1300 students enrolled in the program. Dallas Teen Star is taking place in 4 locations.**

**Currently, Teen Star is in need of speakers who might be able to speak to students or adults about sexual responsibility. If interested, please reply to this email. For more information on the Teen Star program, click [here](#).**

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**Please support another 4th-Year Medical Student to become a Pro-Life Ob-Gyn!**



**Ashley Stone is a fourth year medical student at the University of Texas Southwestern Medical Center in Dallas, Texas. This fall, she is applying for Ob/Gyn residency programs and hopes to provide holistic healthcare for women all in accordance with Catholic teaching. In order to do that, an integral step in her career is Creighton Model NaPro Technology Practitioner and Medical Consultant training in Omaha, NE. This dual program will cost \$4,855 in total which covers supplies, two 8-day training sessions in Omaha, and supervision from faculty.**

**Ashley hopes to contribute to academic medicine in order to bring NFP to mainstream medicine. She is the president and founder of the FACTS (Fertility Awareness Collaborative for Teaching the Systems) student group at UT Southwestern and serves on the FACTS Executive Team which focuses on educating healthcare professionals about fertility awareness based methods. Thus far, she has brought several speakers to UTSW campus, started a pre-clinical fertility elective, and initiated a research initiative at Parkland and University clinics. She hopes to develop a model for other FACTS student groups across the country. Ashley has also volunteered in several countries and hopes to spread awareness of FABMs internationally as well. She is a trained Billings Instructor.**

**Ashley graduated from Ursuline Academy in Dallas, Texas in 2007. In 2010, she received her Bachelor of Arts in Sociology and minor in natural science from the University of Southern California in Los Angeles, California. Her studies emphasized race relations and cultural competence in medicine.**

**Your support through prayers and financial means are greatly appreciated!**

**To donate, click here: <http://www.gofundme.com/dh2dtk>**

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**“Remember that, each time you pick yourself up after a fall, the feast of the prodigal son is renewed. Your Father in Heaven clothes you again in His most beautiful cloak, puts a ring on your finger, and tells you to dance with joy. In a living faith, you will not approach the confessional with dragging feet, but as if you were going to a feast.” - Fr Jean C.J. d’Elbée, *I Believe in Love***