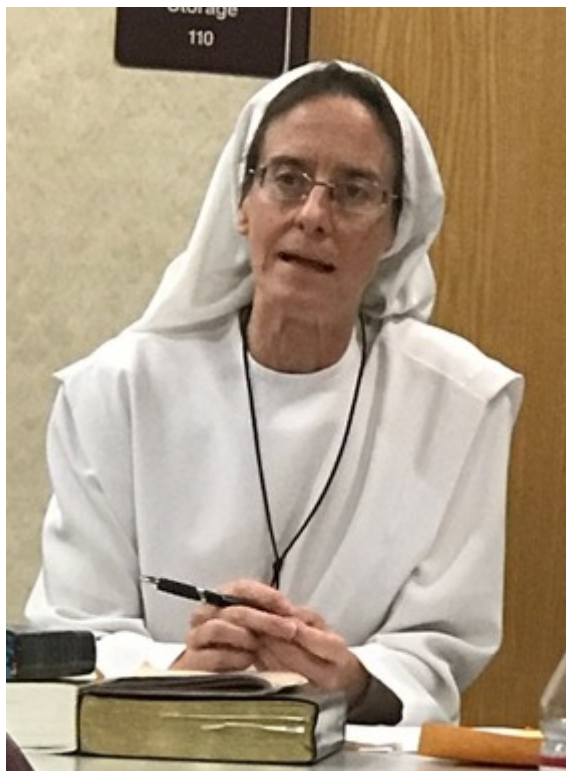




Catholic Physicians Guild of Dallas December Newsletter



Advent Reflection by Sister Mary of the Trinity

At our last meeting, Sr. Mary of the Trinity travelled from Oklahoma City specifically to meet with us to give our Advent Reflection. Her message was the importance of prayer, specifically implementation of the Lectio Divina. She spoke on the specific aspects of this exercise, using the Bible as the source of meditation:

1. Read (Lectio) the passage out loud slowly, simply
2. Reflect (Meditatio) - meditate on the passage again, asking God to delve into the deeper meaning of the passage
3. Spontaneous prayer (Gratio) - Engage in impromptu prayer spurred from the reflection of the passage.
4. Rest in God (Contemplatio) - Read the passage again, close your eyes, and listen to Him.

Spend this time in simple silence, waiting and quietly listening for whatever the Lord might "whisper" in our hearts. The meeting ended with much joy and readiness for the true meaning of Christmas.



***Lectio Divina* for the Solemnity of Christmas**

The USCCB has published on its website *Lectio Divina* for the Christmas Season. Prayers in both English and Spanish can be found for the Solemnity of Christmas, the Solemnity of Mary, and the Solemnity of the Epiphany of the Lord.

Click [here](#) to see the webpage

National CMA affirms Church's teaching on contraception

December 16, 2016 - In recent months, the dissident group The Wijngaards Institute published a statement, "[Catholic Scholars' Statement on the Ethics of Using Contraception](#)," claiming to "reassess" the Church's teaching on contraception, and encouraging "the Catholic hierarchy to reverse its stance against" contraception. They presented it at a Sept. 20 "side-event," "Keeping

the Faith in Development: Gender, Religion, & Health,” during the United Nations (UN) General Assembly. The event was co-hosted by several UN agencies and attended by about sixty participants. In response, several prominent Catholic scholars, including Dr. Janet Smith, wrote their own statement, “[Affirmation of the Catholic Church’s Teaching on the Gift of Sexuality](#),” proclaiming their fidelity to the Church’s teaching on contraception, and exposing the serious theological and anthropological mistakes within the Wijngaards statement (WS). They hosted a press conference, livestreamed on a Catholic University of America webpage, at the same time as the UN symposium. This statement was signed by over five hundred Catholic scholars with doctoral degrees in theology, medicine, law, and other fields.

The CMA confirms its unity with the authors of the “Affirmation” statement, and its own adherence to the Church’s teaching on contraception. As physicians faithful to the Magisterium, and concerned foremost for our patients, we assert that the use of contraceptives for family planning is unhealthy and unethical. We believe that fertility is a gift, and that a normal fertility system should not be “fixed” via contraception.

Read the CMA's full statement [here](#)

Merry Christmas!



Merry Christmas from the Catholic Physicians Guild of Dallas! We pray that the spirit of the Infant Jesus bring a time of peace, joy, and hope for the coming New Year!



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