



Catholic Physicians Guild of Dallas December Newsletter



Advent Reflection with Father Guadagnoli

At the last meeting, Fr. Guadagnoli met with us and provided our annual Advent reflection. He discussed how Advent should be a season of preparation for us in which we rise above the worries and concerns of our lives. Towards this end, we must find time and space for reflection and prayer, meditating on the meaning of Christmas. Once we have been able to accomplish a time for reflection, we can make a clear connection with Christ. One tip he offered if we

are too caught up in the commercialism of Christmas: look deeply into the eyes of children or the elderly. See the hope they have which reflects a hope in Christ.

What do Advent and Christmas have to do with Medical Education?

In medicine, as with the incarnation, the intricacies of what it means to be human form the foundation of practice. From anatomy and physiology, to nutrition, to mechanisms of human disease, to pharmacology— the human body is simultaneously navigable and a mystery. After anatomy, students report with awe and wonder the complexities of the human body; they share their fascination that humans are formed in a womb and are able to breathe and walk, think and talk. It's nothing short of a miracle. Yet, it is not the tangible human reality that inspires the deepest wonder and awe. Instead it is the encounter with the narrative, lived experience, elements of our shared journey that give us pause, that give the fullness of life and depth of meaning to the human story.

Read more from Reflectivemeded.org [here](#)



On Christmas, Pope says we see Jesus in every suffering child

Dear Brothers and Sisters, Happy Christmas!

In Bethlehem, Jesus was born of the Virgin Mary. He was born, not by the will of man, but by the gift of the love of God our Father, who “so loved the world that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life” (Jn 3:16).

This event is renewed today in the Church, a pilgrim in time. For the faith of the Christian people relives in the Christmas liturgy the mystery of the God who comes, who assumes our mortal human flesh, and who becomes lowly and poor in order to save us. And this moves us deeply, for great is the tenderness of our Father.

Read more from [Catholic News Agency](#)



Merry Christmas from the Catholic Physicians Guild of Dallas!

May God's peace reign in your hearts this Christmas season. May you find rest and time with family to renew your love for Jesus Christ and grow deeper in love for Him so that we may serve others, especially our patients!

If we really want to celebrate Christmas, let's contemplate this image: the

fragile simplicity of a new-born baby. That's where God is - @pontifex (Pope Francis' twitter feed), Dec 23



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